

One of the most widely used models of learning styles is [The Index of Learning Styles™](#) developed by Dr Richard Felder and Barbara Soloman in the late 1980s, and based on a [learning styles model](#) developed by Dr Felder and Linda Silverman.

According to this model (which Felder revised in 2002) there are four dimensions of learning styles. Think of these dimensions as a continuum with one learning preference on the far left and the other on the far right.

<https://www.mindtools.com/mneme1sty.html>

