

YFU USA offers high school students the opportunity to combine a traditional academic exchange experience with a sports or nature program to these three exciting countries. Sharpen your skills and explore interests while immersing yourself in another country's culture, language, family and school life. Apply early. Programs fill up fast!

# **CZECH REPUBLIC: GENERAL ATHLETICS**

Looking to experience a vibrant European country with rich cultural history while continuing your favorite sport abroad? The Czech Republic sports program allows students of all levels of ability to participate in an after school sports club which matches their experience. Students can choose from sports like soccer, ice hockey, tennis, and more!

#### **ESTONIA: NATURE**

Learn about the environment in this beautiful Baltic country. Along with traditional academics, you will take numerous trips throughout the region to learn about the environmental issues it faces. This program is perfect for adventurous nature lovers and may include trips to national parks, camping, skiing, ice-fishing, canoeing, and bird watching.

# **ALL PROGRAMS INCLUDE**

- · Round-trip domestic and international travel
- · Placement with a carefully selected host family
- Enrollment in high school
- Preparatory materials
- 24-hour student support
- Regional orientation for participants and parents

### LITHUANIA: BASKETBALL

The most popular sport in the country, basketball, has put Lithuania on the map. With this unique YFU program, you will be enrolled in a specialized basketball high school and will train and play competitive team basketball three to five times a week. Love basketball, but would rather watch from the stands? Students will be enrolled in a fan club and get season tickets to their host cities' basketball games!

# **HUNGARY: GENERAL ATHLETICS**

The sports program in Hungary allows students to continue practicing a high-level sport or to begin a new sport in an intensive atmosphere. The most common sports practiced in Hungary are horseback riding, water polo, dance, and soccer, but if a student wishes to gain experience in a different sport, call the YFU USA office to discuss your options!

# **ADDITIONAL DETAILS**

Need financial assistance? Apply to the YFU Financial Aid Fund by March 1 to see if you'd qualify for a partial scholarship.

For additional details and requirements or information on other YFU programs, please visit us on the web at **yfuusa.org**, email **info@yfu.org** or call **1.800.TEENAGE**.

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